

Certificate of Training in Obesity for Pediatrics and Adults
Virtual Course
September 2024 Agenda



Day 1 – Tuesday, September 10, 2024 11:00 am – 3:00 pm ET 8:00 am – 12:00 pm PT	
Welcome Bonnie Jortberg, PhD, RDN, CDCES and Laura Andromalos, MS, RD, RN, CDCES (moderator training)	11:00 – 11:15am ET 8:00 – 8:15am PT
Chronic Nature of Obesity Dan Bessesen, MD	11:15 – 11:50am ET 8:15 – 8:50am PT
Q&A Dan Bessesen, MD	11:50 – 12:00pm ET 8:50am – 9:00pm PT
Counseling and Behavior Management Craig Johnston, PhD and Mara Davis, MS, RD, LDN, CD-N	12:00 – 1:00pm ET 9:00 – 10:00pm PT
BREAK	1:00 – 1:15pm ET 10:00 – 10:15pm PT
Counseling and Behavior Management Roles Plays Craig Johnston, PhD, Mara Davis, MS, RD, LDN, CD-N, and Julie Feldman, MPH, RD	1:15 – 2:00pm ET 10:15 – 11:00pm PT
Delivering Trauma Informed Counseling Julie Feldman, MPH, RD	2:00 – 2:25pm ET 11:00 – 11:25pm PT
Telehealth for Effective Weight Management Laura Andromalos, MS, RD, RN, CDCES	2:25 – 2:45pm ET 11:25 – 11:45pm PT
Q&A and Wrap Up Bonnie Jortberg, PhD, RDN, CDCES and Laura Andromalos, MS, RD, RN, CDCES	2:45 – 3:00pm ET 11:45 – 12:00pm PT

Day 2 – Wednesday, September 11, 2024 11:00 am – 3:00 pm ET 8:00 am – 12:00 pm PT	
Welcome and Overview Bonnie Jortberg, PhD, RDN, CDCES and Laura Andromalos, MS, RD, RN, CDCES	11:00 – 11:05pm ET 8:00 – 8:05am PT
Navigating Challenges Toni Toledo, MPH, RD and Cindy Heiss, PhD, RD, LD, CDCES, BD-ADM	11:05 – 11:55pm ET 8:05 – 8:55am PT
BREAK	11:55 – 12:10pm ET 8:55am – 9:10pm ET
Navigating Challenges II Toni Toledo, MPH, RD, Cindy Heiss, PhD, RD, LD, CDCES, BD-ADM and Dana Engel, MPH, RD	12:10 – 1:10pm ET 9:10 – 10:10pm PT
BREAK	1:10 – 1:20pm ET 10:10 – 10:20pm PT
Physical Activity: Pediatric and Adult Corby Martin, PhD, Dana Engel, MPH, RD	1:20 – 2:30pm ET 10:20 – 11:30pm PT
Core Content Practice Pearls and Wrap Up Bonnie Jortberg, PhD, RDN, CDCES and Laura Andromalos, MS, RD, RN, CDCES	2:30 – 3:00pm ET 11:30 – 12:00pm PT

Day 3 – Tuesday, September 17, 2024 11:00 am – 3:00 pm ET 8:00 am – 12:00 pm PT	
Welcome Linda Gigliotti, MS, RD, CDCES, FAND and Laura Andromalos, MS, RD, RN, CDCES	11:00 – 11:05pm ET 8:00 – 8:05am PT
Fundamentals of Pediatric Obesity Vanessa Thornton, MS, RD, CSP	11:05 – 11:55pm ET 8:05 – 8:55am PT
Q&A Vanessa Thornton, MS, RD, CSP	11:55 – 12:05pm ET 8:55am – 9:05am PT
Client Encounter - Across the Lifespan Case Study Introduction Linda Gigliotti, MS, RD, CDCES, FAND	12:05 – 12:10pm ET 9:05 – 9:10am PT
Client Encounter – Pregnancy and Toddlerhood Vanessa Thornton, MS, RD, CSP and Michelle Horan, RDN, LD	12:10 - 12:50pm ET 9:10 - 9:50am PT
BREAK	12:50 – 1:00pm ET 9:50 – 10:00am PT
Client Encounter – Childhood and Adolescence Vanessa Thornton, MS, RD, CSP and Michelle Horan, RDN, LD	1:00 – 1:55pm ET 10:00 – 10:55am PT
Pediatric and Adolescent Wrap Up Linda Gigliotti, MS, RD, CDCES, FAND, Vanessa Thornton, MS, RD, CSP, and Michelle Horan, RDN, LD	1:55– 2:05pm ET 10:55 – 11:05am PT
BREAK	2:05 – 2:15pm ET 11:05 – 11:15am PT
Health Promotion Throughout the Lifecycle Dana Engel, MPH, RD	2:15 – 2:50pm ET 11:15 – 11:50am PT
Wrap Up Linda Gigliotti, MS, RD, CDCES, FAND and Laura Andromalos, MS, RD, RN, CDCES	2:50 – 3:00pm ET 11:50 – 12:00pm PT

Day 4 – Wednesday, September 18, 2024 11:00 am – 3:00 pm ET 8:00 am – 12:00 pm PT	
Welcome & Client Encounters Introduction Linda Gigliotti, MS, RD, CDCES, FAND and Laura Andromalos, MS, RD, RN, CDCES	11:00 – 11:05pm ET 8:00 – 8:05am PT
Client Encounter: Young Adult Kellene Isom, PhD, MS, RD, CAGS	11:05 – 11:30pm ET 8:05 – 8:30am PT
Client Encounter: Adult Kellene Isom, PhD, MS, RD, CAGS	11:30 – 11:55pm ET 8:30 – 8:55am PT
Q&A Kellene Isom, PhD, MS, RD, CAGS	11:55 – 12:10pm ET 8:55 – 9:10am PT
BREAK	12:10 pm – 12:20pm ET 9:10 – 10:20am PT
Client Encounter: Mid-Adult Laura Andromalos, MS, RD, RN, CDCES	12:20 – 12:45pm ET 10:20 – 10:45am PT
Client Encounter: Older Adult Bonnie Jortberg, PhD, RDN, CDCES, and Linda Gigliotti, MS, RD, CDCES, FAND	12:45 – 1:10pm ET 10:45 – 11:10am PT
Client Encounters – Wrap Up and Q&A Linda Gigliotti, MS, RD, CDCES, FAND and Laura Andromalos, MS, RD, RN, CDCES	1:10 – 1:30pm ET 11:10 – 11:30pm PT
BREAK	1:30 – 1:40pm ET 11:30 – 1:40am PT
Program Management and Practice Pearls Bonnie Jortberg, PhD, RDN, CDCES, Mara Davis, MS, RD, LDN, CD-N, and Ellen Sobota, MS, RD, LDN	1:40 – 2:30pm ET 11:40 – 11:30am PT
Adult Weight Management Wrap Up Evaluation and Post-Assessment Linda Gigliotti, MS, RD, CDCES, FAND and Laura Andromalos, MS, RD, RN, CDCES	2:30 – 3:00pm ET 11:30 – 12:00pm PT